



SCOTTISH PARA-FOOTBALL

Anti-Doping Policy

This policy is written to underpin both Scottish Para-Football as well Para-Football Game Leader Organisations who are members of Scottish Para-Football. Therefore this policy will be adopted by each individual Para-Football Game Leader Organisation. If your concern relate to Scottish Para-Football please contact the National Office. However if your concern relate to a Para-Football Game Leader Organisation please contact their Committee directly.

All players have the right to take part in Para-Football knowing that they, their team mates, and their competitors are clean. The use of performance-enhancing drugs and doping activity severely damages the legacy of the game.

Anti-doping is integral to clean sport and it's important that players are clued up on the anti-doping rule. Players are personally responsible for any banned substances detected during doping test.

Players must make sure that they are aware of the principle of strict liability. This means that players are personally responsible for any banned substance found in their system, regardless of how it got there and whether or not they had an intention to cheat.

One of the biggest misconceptions is that only performance-enhancing drugs are on the prohibited list. In fact, banned substances can be found in anything for vitamin supplements and sports drinks to over the counter medication.

Players should regularly check the prohibited list on the World Anti-Doping Agency (WADA) website www.wada-ama.org and check all medications on www.globaldro.co.uk

It is vital that players who are representing their sports in domestic competition or the International stage are fully aware of the rules as testing during International competition is a common practice and in any International Associations out of competition testing is administered.

What are the anti-doping rules?

The World Anti-Doping code outlines eight Anti-Doping Rule Violations (ADRVs) which govern a clean sport. Players – and support staff – may receive a ban from sport if any of the following ADRVs are committed;

- Returning a positive test
- Using, or attempting to use, a banned substance or method
- Refusal or failure to provide a sample when requested
- Tampering, or attempting to tamper, with any part of the testing process
- Possession of a banned substance or method
- Trafficking, or attempted trafficking, of any banned substance or method
- Administering, or attempted administering, of a banned substance or method to an athlete; or encouragement, aiding and / or covering up of any involvement in an ADRV
- Receiving any combination of three filing failures and/or missed tests in a time period of 18 months (for athletes who are part of the National Registered Testing Pool).

The Therapeutic Use Exemption (TUE)

A means by which an athlete can obtain approval to use a prescribed prohibited substance or method for the treatment of a legitimate medical condition. Athletes should advise all medical personnel of their obligation to abide by the anti-doping rules of their sport and that any medical treatment received must not violate these rules.

When prescribed a substance or method, athletes should find out whether the medication is prohibited by checking the Global DRO. If the medication is not prohibited, athletes can start using the prescribed medication or treatment.

There are specific requirements for when an athlete needs to apply for a TUE depending on their competition level. International athletes (as defined by their International Federation) should submit TUE applications to their International Federation.

Scottish Para-Football believes in the principles of natural fairness and fair play in all aspects of Para-Football.

The anti-doping rules of Scottish Para-Football are the rules of UK Anti-Doping, the national body responsible for protecting clean sport in the UK. They ensure that sports bodies in the UK comply with the World Anti-Doping Code.

Document Control

Document Details

Author	David McArdle
Company Name	Scottish Para-Football
Owning Department	Scottish Para-Football
Document Name	Anti-Doping Policy
Version Date	Feb 2019
Effective Date	May 2019
Issue	1
Review Date	Jan 2021

Change Record

Modified Date	Author	Version	Description of Changes

Scottish Para-Football
Charity Number: SC048491
Hampden Park Glasgow, G42 9AY
Email: